potomac UROLOGY

Alexandria Location
4660 Kenmore Ave, Suite 1120
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2296 Opitz Blvd, Suite 350
Woodbridge, VA 22191

Alok Desai, M.D. Pratik Desai, M.D. Nilay Gandhi, M.D. John Klein M.D. Inderjit Singh M.D.

Penile Implant Pre Operative Instructions

THE WEEK LEADING UP TO SURGERY

• **STOP** taking any aspirin products, Motrin (ibuprofen), or related non-steroidal anti-inflammatory drugs. Aspirin and other pain medications (except Tylenol) interfere with normal blood clotting and this might result in increased bleeding at the time of surgery.

• **STOP** blood thinners like Plavix/Clopidogrel, Coumadin/Warfarin, Lovenox/Enoxaparin, Xarelto/Rivaroxaban, Pradaxa/Dabigatran, and/or Eliquis/Apixaban **1 week prior** to surgery. You should ask the doctor who prescribed this medication, if it is okay to STOP taking this medication in light of your impending surgery. If your doctor does NOT allow you to discontinue taking these medications, please contact us.

• **START** your antibiotics 48 hours PRIOR.

• **Absolutely NO alcohol or alcoholic beverages 48 hours prior to surgery and 48 hours after surgery**.

THE DAY BEFORE SURGERY

• After **MIDNIGHT** before surgery **DO NOT** eat or drink anything. This includes water, juice, coffee, chewing gum, lifesavers, and more. This includes the morning of surgery.

OTHER PRE-OPERATIVE INSTRUCTIONS

• Bring all medications currently prescribed to you in their labeled containers with you to the hospital.

• Leave non-essential valuables (such as watches, jewelry, cell phones) at home to reduce the chance of misplacing or losing them in the hospital.

• If you wear glasses, contact lenses, false teeth or related personal items, remember to bring a case to store them in during surgery.

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• You WILL NOT be able to drive home the same day as the procedure, due to rules governing anesthesia. Therefore, you will need to make arrangements for someone to escort you home or back to the hotel if you leave the day of the procedure.

• Some patients are discharged home following the procedure, others stay overnight for 23 hours.

If you have any questions about these instructions, including what you should and should not be taking and any other questions, please contact us. We recommend that you print these instructions out and keep them handy during the time leading up to your surgery. These instructions are given in your best interest and should be followed as carefully and closely as possible.

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